

BENCHES & RACKS

Compact and sturdy design with precision laser cut seat adjustments for a wide range of angles. Fiberglass reinforced wheels for easy mobility. Gas assisted seat adjustment with leg pads for a secure and comfortable workout.

DELUXE SUPER BENCH JBR-111

DIMENSION:

Length: 65 inches / 165 cms Width: 29 inches / 74 cms

Height: N.A.

MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Biceps Brachiii, Trapezius, Latissimus Dorsi, Rectus Abdominis



